

## AN INTRODUCTION

It has been a privilege to pray for you and to stand with you as you embrace the freedom Christ has already won for you through His death and resurrection.

*"It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery"* Galatians 5:1

This card is intended to remind you of the biblical principles of freedom and the essential need to live them out on a daily basis. Freedom is both a process and a lifestyle!

### 1. RECOGNISE

The Holy Spirit desires to reveal the strongholds in our lives in order to demolish them (2 Cor 10:4-6) and set us free! The foundations of a stronghold are laid in sin. The sin of others against us and our own subsequent sin reactions act as access points that give Satan authority to establish destructive and binding patterns in our thoughts, emotions and behaviour.

These access points include:

- Generational sin
- Unmet love needs
- Injustices
- Word curses and soul ties
- Unconfessed and un-repentant sin

We need courage and humility to recognise our strongholds and must resist all temptation to justify ourselves or excuse those who sinned against us.

### 2. REPENT

Remembering that it is God's kindness that leads to repentance (Rom 2:4) and taking full responsibility for your own sin:

- Forgive and bless those who have sinned against you.  
*"Be kind and compassionate to one another, forgiving each other, just as Christ God forgave you."* Eph 4:32
- Bring your own sin to Christ's cross and receive forgiveness through His blood which cleanses you of guilt and robs the enemy of his **foothold** in you.  
Eph 4:17 (Col 2:13-15 reveals how the cross 'disarms' the powers of the evil one.)

Make sure you take time to consciously receive and thank God for forgiveness and cleansing, claiming His promise: "If we confess our sins, he is faithful and just and **WILL** forgive us our sins and purify us from **ALL** unrighteousness."  
1 John 1:9

### 3. RENOUNCE & REALIGN

Making a decision to turn from must be accompanied by a decision to turn towards the truth and embrace obedience in mind, heart and action.

*"Renounce your sins by doing what is right"*  
Dan 4:27

This often takes serious prayer and consideration as you will not always know what the 'true' looks like, being so used to the 'false'.

### 4. REBUKE

Exercise your authority in Christ over the specific energizing work of the enemy you are dealing with; rebuke the powers of darkness, crushing them under your feet. Do this with energy and conviction!

*"The God of peace will soon crush Satan under **your** feet. The grace of our Lord Jesus be with you."*

Rom 16:20



### 5. REPLACE

This is essential to your freedom and must be embraced on a daily basis outside of prayer times. Filling your life with God's truth in every way is critical to sustaining freedom.

- Replace the old thoughts and behaviour patterns with biblical truth and obedience.
- Learn specific scriptures to root your mind in truth.

Live daily in the 'opposite spirit' to your old sinful ways. Seek the Lord for what this looks like in your particular situation. For instance, if you are breaking a stronghold of fear, start doing the very thing you were fearful of; if it is a poverty stronghold, then start believing God for abundance and give generously as the Lord leads.

Ask the Lord for specific opportunities to be obedient in the areas in which you are looking to walk in victory. Freedom is intensely practical.

- Do not focus on your emotions as the barometer of your freedom. As you live in obedience to Christ and feed on him daily, your emotions will come into line with His truth and freedom in you.
- Replace the old diseased imagery in your imagination with holy, pure and life-giving imagery from the Word or from creation. Look to the Lord for the holy images He sends you.
- It is your responsibility to replace the old with the new. God is waiting on you to “choose life” and He will flow in you and through you, as you do so.  
(Deut 30:19-20) Jesus clearly taught that it is by living the truth that freedom comes.  
*“If you **hold** to my teaching, you are really my disciples. Then you will know the truth and the truth will set you free.”*  
John 8:31-32
- Consciously receive by faith the infilling love of God into the depth of your heart on a daily basis. Meditating on Paul’s prayer in Eph 3:14-21 will strengthen you to believe Him for this infilling.

Finally, your walk into freedom must be lived in honest and accountable relationships with other believers and in submission to those in spiritual authority over you. Seek out one or two others who understand these principles and stand together in the battle, under the protective covering of your Church leaders.

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“You will experience the truth for yourselves, and the truth will free you ..... So, if the Son sets you free, you are free through and through.”

John 8:32, 36 (Msg)

This booklet is a reminder of the principles and process underlying the freedom prayer. It is not intended to be a comprehensive summary of our teaching in this area.

## Living In Freedom



St Leonard’s  
Chesham Bois

# Freedom Prayer